

LEADERSHIP COACHING & MENTORING LEVEL 7 AWARD

IN LEADERSHIP COACHING AND MENTORING

A practical and hands-on qualification for leaders who coach and mentor, building the skills to support individuals and teams to excel and drive meaningful results.



IDEAL FOR SENIOR LEADERS

Senior managers, team leaders and aspiring coaches who want to build the skills and confidence to coach and mentor others effectively.

WHAT YOU'LL LEARN

Build the knowledge and practical skills to coach and mentor with confidence, supporting individuals to grow, overcome challenges and achieve their full potential.



KEY AREAS OF STUDY



Fundamentals of coaching and mentoring
Understand core models, principles and the role of a coach and mentor.



Effective coaching conversations
Learn active listening, questioning skills and feedback techniques.



Building trust and strong relationships
Develop rapport, empathy and psychological safety.



Supporting development and performance
Help individuals set goals, build confidence and achieve measurable progress.



Practical mentoring techniques
Apply structured approaches to guide, challenge and inspire others.



Ethics and professional practice
Work ethically and professionally, maintaining boundaries and continual self-development.

QUALIFICATION SNAPSHOT



LEVEL
7 (Postgraduate)



QUALIFICATION
CMI Level 7 Award



DURATION
1-3 months



TOTAL TQT
60 hours



AWARDED BY
Chartered Management Institute (CMI)



ASSESSMENT
Work-based assignments

YOU WILL GAIN



Core coaching and mentoring knowledge



Improved communication and listening skills



Ability to support development and performance



Confidence to coach and mentor effectively



Positive impact on individuals, teams and outcomes

OUTCOMES THAT MAKE AN IMPACT



Strengthen relationships and build trust



Support growth, learning and progression



Improve engagement and performance



Create a culture of coaching and development



Chartered Management Institute



www.dlmacademy.com



info@dlmacademy.com



+44 (0) 7877 908274