

LEADERSHIP COACHING & MENTORING LEVEL 7 CERTIFICATE IN LEADERSHIP COACHING AND MENTORING

A practical and hands-on qualification for leaders who coach and mentor, building the skills to support individuals and teams to excel and drive meaningful results.



IDEAL FOR ASPIRING & PRACTISING COACHES

Managers, team leaders and professionals who want to develop and strengthen their coaching and mentoring skills to support others effectively.

WHAT YOU'LL LEARN

Gain the essential coaching and mentoring knowledge and practical techniques to support individuals, build stronger relationships and create a positive impact in your organisation.



KEY AREAS OF STUDY



Fundamentals of coaching and mentoring
Understand core models, principles and the role of a coach and mentor.



Effective coaching conversations
Learn active listening, questioning skills and feedback techniques.



Building trust and strong relationships
Develop rapport, empathy and psychological safety.



Supporting development and performance
Help individuals set goals, build confidence and achieve measurable progress.



Practical mentoring techniques
Apply structured approaches to guide, challenge and inspire others.



Ethics and professional practice
Work ethically and professionally, maintaining boundaries and continual self-development.

QUALIFICATION SNAPSHOT



LEVEL
7 (Postgraduate)



QUALIFICATION
CMI Level 7 Certificate



DURATION
4–6 months



TOTAL TQT
130 hours



AWARDED BY
Chartered Management Institute (CMI)



ASSESSMENT
Work-based assignments

YOU WILL GAIN



Core coaching and mentoring knowledge



Improved communication and listening skills



Ability to support development and performance



Confidence to coach and mentor effectively



Positive impact on individuals, teams and outcomes

OUTCOMES THAT MAKE AN IMPACT



Strengthen relationships and build trust



Support growth, learning and progression



Improve engagement and performance



Create a culture of coaching and development



Chartered Management Institute



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