

PROFESSIONAL COACHING PRACTICE

CMI LEVEL 5 AWARD

IN PROFESSIONAL COACHING PRACTICE

A practical qualification for aspiring and established coaches who want to develop their coaching skills, build confidence and make a positive impact by supporting individual and organisational performance through effective coaching practice.



IDEAL FOR ASPIRING AND CURRENT COACHES

Individuals who want to develop professional coaching skills, strengthen their confidence and create sustainable impact through coaching.

WHAT YOU'LL LEARN

Develop the knowledge, confidence and practical coaching skills to support individuals and teams, enhance performance and create positive, lasting change.



KEY AREAS OF STUDY



Coaching foundations
Understand core coaching principles, ethics and professional practice.



Building coaching relationships
Develop trust, rapport and effective communication to create safe, productive coaching conversations.



Coaching skills and techniques
Apply a range of coaching tools and techniques to support insight, learning and growth.



Personal and professional development
Reflect on your coaching practice, build self-awareness and develop your professional coaching identity.



Coaching in practice
Plan and deliver coaching conversations to support individuals in achieving their goals.



Evaluation and impact
Evaluate coaching outcomes and demonstrate the value and impact of your coaching practice.

QUALIFICATION SNAPSHOT



LEVEL
5 (Undergraduate)



QUALIFICATION
CMI Level 5 Award in Professional Coaching Practice



DURATION
1-3 months



TOTAL TQT
60 hours



AWARDED BY
Chartered Management Institute (CMI)



ASSESSMENT
Work-based assignments



CREDITS
6 credits



PROFESSIONAL RECOGNITION
Eligible for Foundation Chartered Manager (fCMgr) status upon completion



GUIDED LEARNING HOURS
14 hours

YOU WILL GAIN



Professional coaching skills and confidence



Ability to support individuals and team performance



Stronger communication and relationship building skills



Greater professional credibility and ethical practice



A solid foundation for a rewarding coaching career

OUTCOMES THAT MAKE AN IMPACT



Enhance performance and productivity



Build strong, trust-based relationships



Drive positive change and growth



Create lasting impact for individuals and teams



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