

CMI LEVEL 5

EXECUTIVE PROGRAMME PROSPECTUS

PROFESSIONAL COACHING PRACTICE

COACH WITH PURPOSE. ENABLE GROWTH.

A professionally recognised programme for individuals who want to develop the knowledge, skills and behaviours required to coach effectively, deliver meaningful impact and maintain ethical professional practice.

PROFESSIONAL COACHING | CMI RECOGNITION | LASTING IMPACT

START THE CONVERSATION

www.dlmacademy.com

info@dlmacademy.com

+44 (0) 7877 908 274

CMI LEVEL 5

CHOOSE YOUR PATHWAY

A FLEXIBLE ROUTE FOR EVERY PROFESSIONAL COACHING AMBITION

AWARD

60 TUT HOURS | 14 GLH | 6 CREDITS

At least one unit. Units 534, 536 and 537 cannot be selected.

CERTIFICATE

140 TUT HOURS | 32 GLH | 14 CREDITS

Any combination meeting the threshold. Unit 537 cannot be selected.

DIPLOMA

370 TUT HOURS | 90 GLH | 37 CREDITS

At least three units selected from the Professional Coaching Practice portfolio.

EXTENDED DIPLOMA

680 TUT HOURS | 180 GLH | 68 CREDITS

All seven units in the Professional Coaching Practice portfolio.

PROFESSIONAL PROGRESSION

Progress to further coaching, mentoring and supervision qualifications, including Level 6 Professional Coach Supervision and Level 7 Leadership Coaching and Mentoring.



CMI LEVEL 5

PROFESSIONAL COACHING PRACTICE



CMI LEVEL 5

DEVELOP CONFIDENT PROFESSIONAL COACHES

BUILD TRUST. ENABLE INSIGHT. DELIVER IMPACT.

WHO IT IS FOR

Individuals developing professional coaching capability, including professional and leadership coaches, learning and development managers, middle managers, operational managers and departmental managers.

WHAT IT BUILDS

Ethical coaching practice, contracting, relationship management, communication, coaching strategies, practical delivery, supervision, team coaching, mentoring and continual development.

WHY ORGANISATIONS INVEST

To strengthen leadership and talent development, embed a coaching culture, improve capability and performance, and support individuals and teams to achieve meaningful goals.

UNIT 531

PRINCIPLES OF PROFESSIONAL COACHING

BUILD STRONG FOUNDATIONS FOR ETHICAL COACHING.

GLH	TOTAL UNIT TIME	CREDITS
16	60	6

WHY STUDY THIS UNIT?

Explore professional coaching principles, roles and responsibilities, legal and ethical frameworks, quality assurance and the rationale for delivery.

WHAT YOU WILL DEVELOP

Evaluate coaching alongside other support methods, understand contracting and apply a structured process for professional coaching.

THE VALUE TO YOU

Build the knowledge required to contract, deliver and manage coaching responsibly.

UNIT 532

THE ROLE OF THE PROFESSIONAL COACH

COACH WITH TRUST, SKILL AND PROFESSIONAL JUDGEMENT.

GLH	TOTAL UNIT TIME	CREDITS
28	90	9

WHY STUDY THIS UNIT?

Understand the knowledge, skills and behaviours required to coach engagingly and help coachees progress towards goals.

WHAT YOU WILL DEVELOP

Manage stakeholder relationships, communicate with impact, respond to challenges and use reflection and supervision to improve practice.

THE VALUE TO YOU

Strengthen the professional presence and relational capability needed for high-quality coaching.

UNIT 533

STRATEGIES FOR DELIVERING PROFESSIONAL COACHING

CHOOSE THE RIGHT APPROACH FOR EVERY COACHEE.

GLH	TOTAL UNIT TIME	CREDITS
16	70	7

WHY STUDY THIS UNIT?

Explore coaching approaches, models, tools and techniques and how values, behaviours and culture influence engagement.

WHAT YOU WILL DEVELOP

Evaluate delivery factors and recommend tailored strategies that respond to different coachee needs and expectations.

THE VALUE TO YOU

Develop an adaptable evidence-informed coaching toolkit.

UNIT 534

PROFESSIONAL COACHING PRACTICE

TURN COACHING KNOWLEDGE INTO OBSERVED PRACTICE.

GLH	TOTAL UNIT TIME	CREDITS
32	150	15

WHY STUDY THIS UNIT?

Evidence the ability to plan, prepare, deliver and record coaching that responds to real coachee need.

WHAT YOU WILL DEVELOP

Complete coaching assignments, participate in supervision, reflect on outcomes and create a professional development plan.

THE VALUE TO YOU

Demonstrate credible, ethical coaching capability in a real working environment.

UNIT 535

MANAGEMENT AND LEADERSHIP INFLUENCES IN COACHING AND MENTORING

UNDERSTAND THE ORGANISATIONAL WORLD OF THE COACHEE.

GLH	TOTAL UNIT TIME	CREDITS
28	80	8

WHY STUDY THIS UNIT?

Evaluate how culture, management, leadership, working with others and change influence coaching and mentoring.

WHAT YOU WILL DEVELOP

Apply organisational insight, decision tools and change approaches to support coachees or mentees through workplace challenges.

THE VALUE TO YOU

Coach with stronger contextual awareness and organisational relevance.

UNIT 536

PROFESSIONAL TEAM COACHING

UNLOCK COLLECTIVE CAPABILITY.

GLH	TOTAL UNIT TIME	CREDITS
30	100	10

WHY STUDY THIS UNIT?

Understand the principles of team coaching and its power to improve trust, collaboration, cohesion and inclusion.

WHAT YOU WILL DEVELOP

Plan, contract, deliver and record team coaching, manage team dynamics and reflect on outcomes.

THE VALUE TO YOU

Support existing teams to achieve shared purpose and stronger organisational performance.

UNIT 537

PROFESSIONAL MENTORING PRACTICE

SHARE WISDOM. EMPOWER MEANINGFUL PROGRESS.

GLH	TOTAL UNIT TIME	CREDITS
30	130	13

WHY STUDY THIS UNIT?

Explore the role, purpose and delivery of professional mentoring and how it develops talent, confidence and belonging.

WHAT YOU WILL DEVELOP

Apply mentoring models and communication skills, plan and deliver assignments, and reflect on impact and improvement.

THE VALUE TO YOU

Develop the adaptability and judgement to act as a trusted professional mentor.

CMI LEVEL 5

BUILD A PROFESSIONAL COACHING CULTURE

DEVELOP PEOPLE. STRENGTHEN PERFORMANCE.

LEVEL 5

Develop professional coaching skills, ethical practice and the capability to support individuals and teams.

PROGRESS

Continue into specialist coaching, mentoring and supervision qualifications, including Level 6 and Level 7 routes.

PRACTICAL UNIT REQUIREMENTS

Units 534, 536 and 537 require observed practice and work-based evidence. Unit availability depends on Centre approval and the published qualification rules.

FOR EMPLOYERS

Use the flexible portfolio to build coaching capability, develop talent, strengthen leadership and support organisational change.



CMI LEVEL 5

YOUR NEXT COACHING MOVE



CMI LEVEL 5

READY TO DEVELOP PROFESSIONAL COACHING CAPABILITY?

BUILD TRUST. ENABLE GROWTH. CREATE IMPACT.

Whether developing your own coaching practice or building coaching capability across an organisation, DLM Academy can help identify the right CMI Level 5 Professional Coaching Practice route and unit combination.

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DEVELOPING PEOPLE. DELIVERING RESULTS.